

B E R E R E G I S O R C A S N E W S L E T T E R



www.br-orcas.org

Autumn 2014

Session times at Purbeck: **First Session** 5.15 - 6pm. **Second Session** 6 - 7pm

Swim Teachers Needed Club funded training available

For one reason or another we are losing several of our experienced swimming teachers so we are looking for parents who may be interested in becoming a teacher. There is a **swimming teacher's course** running during the **October half term** at **Milton Abbey School** and the club will fund anyone who would like to take part.

This is your chance to put something back into the club and it is great fun getting involved on poolside. Please talk to Bob or any committee member if you would like more details.

Swim Dates

AUTUMN 2014

Purbeck Sport Centre

Sep	6	13	-	-
Oct	-	11	18	25
Nov	1	8	15	-
Dec	6	13	-	-

Milton Abbey School Pool

Sep	-	-	20	27
Oct	4	-	-	-
Nov	-	-	22	29

Session times same for both venues

Last Term Updates

- The summer term had its usual variety of events. The **annual gala** was well attended and was a very enjoyable evening with some extremely good times achieved by the swimmers.
- **Beth Stannard's evening of diving** as usual was very well received. She somehow manages to fit into an hour, a course on diving followed by a competition. The swimmers learn a lot from these evenings.
- The annual **BBQ and awards** evening has now become established at the Bere Regis sports field. It was a very good social evening made even better by the fact we had good weather. As with last year, we were able to hold the presentations outside making a big difference.
- On 12th July **Julien Lightfoot** came armed with camera and we had a **club photo** taken in and by the pool. This photo will hopefully be going into the **2015 village calendar** along with photos of other local clubs and organisations.



Dates for your Dairy

The Wareham Lions Swimarathon

This will take place on **Sunday 19th October** at the **Purbeck Sports Centre**. We are again entering 4 teams:

- Tadpoles** - 9 and under
- Barracudas** - 11 or 13 and under
- Orcas** - 16 and under
- Wrinklies** - over 16

We will be swimming between **11 and 12 am** and this year. The rules have changed a bit and we can have up to 10 swimmers in each team. If you would like to take part, have a word with Chris Gates who is organising the teams. He would be delighted to hear from you!

Time Trial Night

On the **Saturday 6th December** we will be holding a time trials night at the **Purbeck Sports Centre**. This is an event we will be running every term in which swimmers can achieve times for the different strokes over **25m, 50m and 100m** and try to improve on their previous time. These are put onto a ladder and as the swimmer gets faster, they can move up the ladder. We have already held our first event in March, and also times achieved at our annual gala held in June have been used. This is your own personal challenge night and an opportunity to **"beat your best"**.